

ADYSON MERIDETH

CERTIFIED NURSING ASSISTANT (CNA)

(385)-482-4295 • adyson.merideth@gmail.com • Spanish Fork, Utah

PROFESSIONAL SUMMARY

Compassionate and empathetic CNA with workplace experience. Positive attitude when supporting daily care needs, maintaining constant patient comfort, and creating a calm, safe, and open environment. Referred to as productive, communicative, and with a passion for dignity and respect. Known to take initiative in any circumstance. Also volunteering for the high school football team during free time.

SKILLS

Knowledge of HIPAA and OSHA • Observing and Reporting • Leadership • Adaptable • Medical Terminology • Communicative • Empathetic • De-escalation • Teamwork • Measuring and Recording Vital Signs • Catheter and Hygiene Care • Knowledge of Infection Control Protocols

CERTIFICATIONS

Food Handlers Permit • Foundation of Computer Science Certificate • General Financial Literacy Certificate • First Aid • BLS • Nursing Assistant

EXPERIENCE

SODAMIX • SPANISH FORK, UTAH • AUGUST 2024-CURRENT

Cashier and Food Handler

- Communicated and interacted with customers every shift, prompting a positive attitude in the work atmosphere
- Handled conflict among co-workers, being agreeable and an active listener
- Acquired multiple responsibilities, showing flexibility and reliability

SIERRA BONITA ELEMENTARY INTERNSHIP • SPANISH FORK, UTAH • JANUARY 2026-MAY 2026

Miss Evans 3rd Grade Class

- Adapted to the difference of communicating with employees compared to students
- Assisting students with reading comprehension strategies along with multiplication and basic division skills
- Observing student performance, grading assignments and tracking reading or math progress to accurately report to the teacher.

EDUCATION

NURSING ASSISTANT

Mountainland Technical College • Provo, Utah • May 2026-current

Completed 90 hours of class and hands-on lab experiences, along with 24 hours of clinicals.

HIGH SCHOOL

Maple Mountain High School • Spanish, Utah • May 2027

Have completed multiple concurrent enrollment classes at UVU through Maple Mountain, graduating this current year with an associate's degree.